(Level 2)

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Emotional Check-In

Name:		Date:	
Calm Relaxed Happy Interested Excited	Surprised Confused Concerned Nervous Afraid	Cranky Bored Upset Angry Disgusted	Disappointed Hurt Sad Depressed
oday, I am feeling		because	
	Emotio		
Name:		nal Check-Out	
Name: Calm Relaxed Happy Interested Excited		nal Check-Out	t

