

Adverbs of frequency

Always usually often sometimes never



It is + adverb + adjective

E.g. It is always hot.



It + adverb + verb

E.g. It usually snows.



A) Look at the table and write sentences:

What Ann and John do when they are on holidays		
	Ann	John
Goes to discos	*	*****
Phones his/her family	**	*
Writes postcards	***	**
Visits the zoo	①	****
Plays computer games	*****	①

***** always *** usually ** often * sometimes ① never



Ann sometimes goes to discos.



She _____



She _____



She _____



She _____



John _____



He _____



He _____



He _____



B) Susan is talking about her Saturdays. Put the words in the right order.

- 🍎 Get I early on never Saturdays up.
- 🍎 At o'clock usually breakfast have I nine.
- 🍎 In often go pool I the morning to the
- 🍎 Listen afternoon I music to the in sometimes.
- 🍎 In television I evening always the watch.
- 🍎 At usually midnight bed go I to

C) Put the adverbs in the right position.

- 🍎 It is warm in Lisbon. (always)
- 🍎 It rains in the summer in Florida. (often)
- 🍎 I have a shower in the afternoon (always)
- 🍎 I go to bed late. (never)

D) Write tree things that you usually do on Saturdays and Sundays and three things that you never do.

🍎 _____

🍎 _____

🍎 _____

🍎 _____

🍎 _____

🍎 _____



