

My body

I can see with my eyes I can hear with my ears I can smell with my nose I can taste with my tongue

I can feel with my skin I can move with my body I can nod with my head I can think with my brain

I can kiss with my lips I can bite with my teeth I can speak with my mouth I can get a sore throat

I can take with my hands I can hug with my arms I can scratch with my nails I can run with my legs

I can walk with my feet I can fight with my fists I can rest on my elbows I can stand on tiptoes

I can twist my ankle I can slap on my thighs I can snap my fingers I can fall on my knees.

> Poem found by Jacqueline Aliouche Exercise created by Agnès Pihuit <u>my-teacher.fr</u>

