

movements  
& positions

Agnès Pihuit  
[my-teacher.fr](http://my-teacher.fr)



1 bend



2 carry



3 catch



4 climb



5 crawl



6 drop



7 fall



8 give



9 hold



10 jump



11 kick



12 kneel



13 lie



14 lift



15 pick up



16 pull



17 push



18 run



19 sit



20 stand



21 swim



22 swing



23 take



24 throw



25 turn



26 walk



27 wave